

# Dimensional and morphological analysis of various rugae patterns in Kerala (South India) sample population: A cross-sectional study

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## Abstract

**Background:** Analysis of palatal rugae patterns, which are similar to fingerprints, is one of the techniques used in forensic sciences for human identification. As palatal rugae patterns are genetically determined, they can also be used in population differentiation and gender determination. Hence, we aimed to record the distribution of the predominant rugae pattern in Kerala population. **Materials and Methods:** A total of 100 maxillary study models (40 males and 60 females) recorded from Kerala population within the age group of 17-25 years were analyzed. The dental casts were examined for the interpretation of the total number, length, shape, location and unification of rugae. Chi-square test and unpaired *t*-test were employed for statistical analysis. **Result:** The total number of rugae was significantly ( $P < 0.001$ ) greater in females than males. Regarding the shape, wavy pattern predominated in both males and females, followed by curve, straight, divergent, convergent and circular pattern. Circular pattern was more in males than females. The rugae patterns were located more in between mesial aspect of first premolar to mesial aspect of second premolar. **Conclusion:** The palatal rugae and their features of an individual may be considered as a reliable guide for identification purpose, provided antemortem casts are available. Nevertheless, gender differentiation is evident in terms of number and shape of rugae.

**Key words:** Forensic sciences, palatal rugae, human identification

## INTRODUCTION

Forensic odontology is a speciality in dentistry which occupies a primary place within the total spectrum of methods applied to medico-legal identification.<sup>[1]</sup> Identification of the deceased becomes challenging during mass disasters and is a prime requisite for certification of death and personal, social and legal reasons. DNA,

fingerprint and dental record comparisons are the most commonly used scientific methods of forensic identification.<sup>[2]</sup> Constraints to the use of fingerprints occur in situations where the hands are charred or mutilated. Though teeth are more durable, it is however not practical to employ them in identifying the edentulous persons. A useful method of human identification in these circumstances is by examining the palatal rugae pattern (palatal rugoscopy).<sup>[3]</sup>

Palatal rugae are the ridges present on the anterior part of the palatal mucosa on either side of the median palatal raphae and behind the incisive papilla.<sup>[4]</sup> They are highly individualistic, and not identical even among twins.<sup>[5]</sup> They are also stable and consistent in shape throughout the life following completion of growth. Rugae are well protected by the lip, cheek, tongue, buccal pad of fat and teeth. Hence,

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it can resist the incidents of fire and high-impact trauma and can also resist decomposition up to 7 days.<sup>[3,6,7]</sup> These patterns are analyzed in various population and found to be differing among people of different geographical locations and gender.<sup>[1,8-11]</sup> Thus, the objective of the present study was to record the distribution of the predominant rugae pattern (palatal rugae number, shape, length, unification and location) in Kerala population and to compare the distribution of these parameters between males and females to know if gender differentiation is possible.

## MATERIALS AND METHODS

The study sample consisted of 100 students ( $n = 100$ ) studying in College of Dental Sciences, Davangere, within the age group of 17–25 years, of which 60 were females and 40 were males. All of them belonged to the same geographical population, Kerala and were healthy, free of congenital abnormalities (e.g., cleft palate), inflammation, trauma, orthodontic treatment or any other palatal pathology. The subjects with a history of palatal surgery, loss of teeth were excluded. The purpose of this study was explained to the subjects and after obtaining informed consent from them, the impression of their maxillary arch was recorded using alginate and models were prepared by pouring dental stone in the impressions. The rugae pattern were highlighted by a blue marker pen on the cast [Figure 1] and the method of rugae analysis used in this study was based on the classification given by Thomas and Kotze [Figure 2].<sup>[12]</sup> For location analysis, classification given by Hermosilla *et al.*<sup>[13]</sup> was used [Figure 3]. All the parameters were analyzed by two independent observers. Measurements for length were made directly from the cast using digital slide calipers.

### Statistical analysis

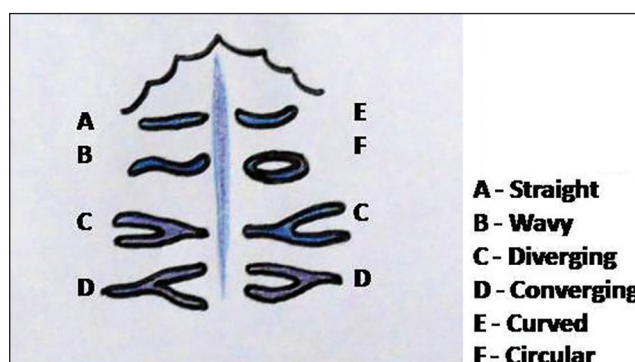
The data collected were statically analyzed using SPSS version 17.0 software Chicago, USA. Chi-square test was used for analysis and association of length, shape, unification and location in males and females while unpaired *t*-test was employed to compare the number of rugae.

## RESULTS

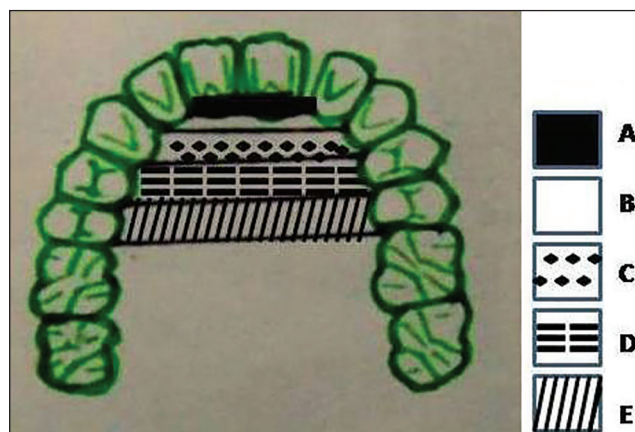
The total number of rugae were more in females than males, which was statistically significant ( $P \leq 0.001$ , significant) [Table 1]. Unification for palatal rugae did not show any significant difference between males and females and diverging pattern constituted more percentage than converging pattern [Table 2]. On observing the length of rugae, primary rugae were predominant compared to secondary and fragmentary in both males and females [Table 3] and no significant gender differentiation was



**Figure 1:** Rugae pattern analysis using dental cast of subjects



**Figure 2:** Pictorial representation of the analysis of various shapes of palatal rugae (according to Thomas and Kotze)<sup>[12]</sup>



**Figure 3:** Pictorial representation of the analysis of location of palatal rugae (according to Hermosilla *et al.*)<sup>[13]</sup>

noted ( $P = 0.82$ ). Rugae were found predominantly in location D followed by E, C, and B both in males and females [Table 4]. On observing rugae shape, we found wavy pattern to be more common, followed by curve and straight pattern in both males and females (Chi-square = 11.37,  $P = 0.05$ ) [Table 5]. Circular pattern was significantly more in males as compared to females, aiding in gender differentiation.

## DISCUSSION

The potential use of palatal rugoscopy (palatoscopy, rugoscopy)<sup>[14-16]</sup> in forensic identification has advantages because of their low utilization cost, simplicity, and reliability. Palatal rugae patterns are sufficiently characteristic to discriminate between individuals<sup>[1,3,5,8,17]</sup> and are also stable under severe burn cases, unaltered by chemicals like nicotine, ethanol, acetyl salicylate<sup>[8]</sup> and physical irritants. They are applicable to edentulous patients and are proved to be the same before and after orthodontic treatment<sup>[18]</sup> and remains stable after completion of growth<sup>[8]</sup> thus emerging to be one of the reliable applications in forensic science. Palatal rugae patterns show variations with racial and geographical variations and are applicable for gender differentiation.<sup>[1,8,9,11,13,19-22]</sup> In spite of these advantages of rugoscopy, the scale of reliability on this technique is unclear, with some studies contradicting their utility in

forensic medicine.<sup>[15,16,18,23-26]</sup> Moreover availability of ante mortem casts or any records like photographs is must for identification using palatoscopy.

In the present study, the number of palatal rugae was slightly more in females (mean = 10.18) than males (mean = 9.9), which is consistent with other reports from other populations.<sup>[5,8,9,13,20,22,24,27]</sup> Among the unification patterns, diverging pattern was observed more in both males and females than converging pattern, which is consistent with previous studies done on Kerala population.<sup>[9,28]</sup> In contrast, statistical analysis for assessing sex differences in the rugae shapes showed significant difference in unification type in three South Indian population studies.<sup>[8,20,11]</sup>

Depending on the length of the palatal rugae, they were classified into primary, secondary and fragmentary rugae and on analysis; their distribution was almost equal between males and females. Primary rugae (82% in males and 81% in females) were observed predominantly, followed by secondary rugae (12% in both gender) and fragmentary rugae (6% in males and 7% in females) and results were similar to previous reports.<sup>[1,9,24,28]</sup>

Considering the location of rugae patterns, in both males and females, rugae were found predominantly in the D region, between mesial aspect of first premolar and mesial aspect of second premolar, (45% in males and 42% in females), followed by E (29% in males and 32% in females), C (23% in males and 24% in females), and B (3% in males and 2% in males). The region A is not involved by any of the rugae examined and no rugae were found beyond E region. The results did not show significant gender differentiation ( $P = 0.44$ ). Only few studies have analyzed the location<sup>[14]</sup> wherein more rugae were found in the E region (between mesial aspect of second premolar to distal aspect of second premolar) followed by D region.

On observing the rugae shape, we found wavy pattern to be the most common in both the genders, followed by curve and straight pattern. Circular pattern was very few in number and was significantly ( $P = 0.05$ ) more in males than females and hence can be utilized as a valuable parameter for gender determination. Our results are again consistent with other reports,<sup>[9,15,28,11]</sup> however some have reported a predominance of straight patterns.<sup>[20,29]</sup> Thus, difference in predominant shape was noted in different geographical regions within India and discrete variables

**Table 1: Analysis of total number of palatal rugae in Kerala population**

Sex	Total	Mean	P
Males	395	9.9±1.9	
Females	611	10.18±2.1	<0.001 (by unpaired t-test)

**Table 2: Analysis of unification pattern of palatal rugae in Kerala population**

Sex	Total	Diverging (%)	Converging (%)
Males	35	24 (68.5)	11 (31.4)
Female	45	33 (73.3)	12 (26.7)

Chi-square = 1.69,  $P = 0.19$ , Nonsignificant

**Table 3: Analysis of length of palatal rugae in Kerala population**

Sex	Total	Primary (%)	Secondary (%)	Fragmentary (%)
Males	395	324 (82)	49 (12)	22 (6)
Females	611	496 (81)	75 (12)	40 (7)

Chi-square = 0.40,  $P = 0.82$ , Nonsignificant

**Table 4: Analysis of location of palatal rugae in Kerala population**

Sex	Total	B (%)	C (%)	D (%)	E (%)
Males	395	11 (3)	94 (23)	175 (45)	115 (29)
Females	611	10 (2)	145 (24)	250 (42)	195 (32)

Chi-square = 2.69,  $P = 0.44$ , Nonsignificant

**Table 5: Analysis of different shapes of palatal rugae in Kerala population**

Sex	Total	Curve (%)	Wavy (%)	Straight (%)	Circular (%)	Conver (%)	Diver (%)
Males	395	113 (29)	177 (45)	65 (16)	5 (1)	11 (3)	24 (6.7)
Females	611	215 (35)	230 (38)	119 (19)	2 (0.3)	12 (2)	33 (5.45)

Chi-square = 11.37,  $P = 0.05$ , Significant



such as rugae shape can be better adopted for population differentiation and gender discrimination, rather than considering continuous variables like rugae length, as previously suggested.<sup>[29]</sup>

All the rugae patterns analyzed in our study were unique to each subject and did not show similarity with any other persons, reflecting the individuality of these patterns. Beyond the foresaid limitations on rugoscopy, the individuality and uniqueness of palatal rugae pattern is highly promising.<sup>[5]</sup> To improve the specificity and sensitivity of palatoscopy on population discrimination and gender identification, the subject is being investigated with utility of advanced statistical analysis.<sup>[8,11]</sup>

## CONCLUSION

In the Kerala population, among the palatal rugae, the primary rugae are more in number, wavy pattern predominates in shape and more number of rugae is located in between mesial aspect of first premolar to mesial aspect of second premolar. The mean number and shape of rugae reveal significant differences between the two genders, which may be employed for gender determination. They are observed to be highly unique to an individual similar to fingerprint patterns, and with provision of ante mortem cast, they can be used for person identification.

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